

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 29 th June	Yoga 9.15 – 10.15am £3 per session Messy Play 10.45 – 11.45am	Yoga Creche 9.15 – 10.15am Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 30 th June	Spectrum 9.00am – 11.00am		Housing Surgery 10 – 12noon	Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 1 st July	Stay and Play 1.00 – 2.45pm	Post Natal 5 10 – 12 noon		
Thursday 2 nd July	Tic Tack Toe 9.15am – 11.00am Music for Tots By application only	10 – 12 New Beginnings Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 3 rd July				Sexual Health Clinic 3.00 – 5.00pm

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 6 th July	Yoga 9.15 – 10.15am £3 per session Messy Play 10.45 – 11.45am	Yoga Creche 9.15 – 10.15am Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 7 th July	Spectrum 9.00am – 11.00am			Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 8 th July	Stay and Play 1.00 – 2.45pm	Post Natal 6 10 – 12 noon		
Thursday 9 th July	Tic Tack Toe 9.15am – 11.00am Music for Tots By application only	10 – 12 New Beginnings Breast feeding Support Group 3.30-5.30pm		9 – 11am Job Centre Plus Well Being Clinic 1.00 – 3.00pm By referral
Friday 10 th July				Sexual Health Clinic 3.00 – 5.00pm

The Children's Centre will be closed for one week beginning 17th August 2009

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 13th July	Yoga 9.15 – 10.15am £3 per session Messy Play 10.45 – 11.45am	Yoga Creche 9.15 – 10.15am Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 14 th July	Spectrum 9.00am – 11.00am			Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 15 th July	Stay and Play 1.00 – 2.45pm	Bumps Reunited 1 10 – 12 noon		
Thursday 16 th July	Tic Tack Toe 9.15am – 11.00am Music for Tots By application only	10 – 12 New Beginnings Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 17 th July				Sexual Health Clinic 3.00 – 5.00pm

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 20th July	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 21st July	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child	Refreshments		Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 22nd July	Stay and Play 1.00 – 2.45pm	Bumps Reunited 2 10 – 12 noon		
Thursday 23rd July	Tic Tack Toe 9.15am – 11.00am	Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 24th July	Baby Massage 10 – 11am	Boogie Babies 1-1.30 0 – 2 years 2-2.30 3 – 5 years		Sexual Health Clinic 3.00 – 5.00pm

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Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 27 th July	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 28 th July	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child	Refreshments	Housing Surgery 10 – 12noon	Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 29 th July	Stay and Play 1.00 – 2.45pm	Bumps Reunited 3 10 – 12 noon		
Thursday 30 th July	Tic Tack Toe 9.15am – 11.00am	1-3pm Speech and Language Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 3 rd July	Baby Massage 10 – 11am	Boogie Babies 1-1.30 0 – 2 years 2-2.30 3 – 5 years		Sexual Health Clinic 3.00 – 5.00pm

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 3 rd August	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 4 th August	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child	Refreshments		Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 5 th August	Stay and Play 1.00 – 2.45pm	Bumps Reunited 4 10 – 12 noon		
Thursday 6 th August	Tic Tack Toe 9.15am – 11.00am	1-3pm Speech and Language Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 7 th August	Baby Massage 10 – 11am	Boogie Babies 1-1.30 0 – 2 years 2-2.30 3 – 5 years		Sexual Health Clinic 3.00 – 5.00pm

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 10 th August	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 11 th August	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child			Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 12 th August	Stay and Play 1.00 – 2.45pm	Bumps Reunited 5 10 – 12 noon		
Thursday 13 th August	Tic Tack Toe 9.15am – 11.00am	1-3pm Speech and Language Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 14 th August	Baby Massage 10 – 11am			Sexual Health Clinic 3.00 – 5.00pm

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17th August 2009**

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 24 th August	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 25 th August	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child		Housing Surgery 10 – 12noon	Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 26 th August	←————→	PLAY DAY AND St David's Playing Field	PICNIC	←————→
Thursday 27 th August	Tic Tack Toe 9.15am – 11.00am	Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 28 th August	Centre	Closed	Team	Day

Date	Tiger Room	Penguin Room	Crocodile Room	Hedgehog Room
Monday 31 st August	Messy Play	Health Visitors Drop In 12.30 – 2.30pm		
Tuesday 1st September	Spectrum 9.00am – 11.00am 1 – 1.30 Yoga Bugs Child 1.30 – 2.00 Parent/Child			Well Being Clinic 9.30 – 1.00pm By referral
Wednesday 2nd September	Stay and Play 1.00 – 2.45pm			
Thursday 3rd September	Tic Tack Toe 9.15am – 11.00am	Breast feeding Support Group 3.30-5.30pm		Well Being Clinic 1.00 – 3.00pm By referral
Friday 4th September		Boogie Babies 1-1.30 0 – 2 years 2-2.30 3 – 5 years		